

# 4Way Glide LPL, 4Way Glide LPL Maxi

Manual English



# Illustrations

Illustration 1



Illustration 2

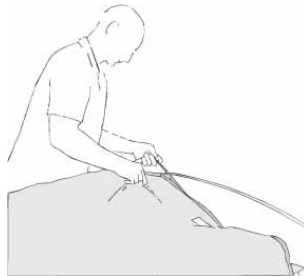


Illustration 3



Illustration 4

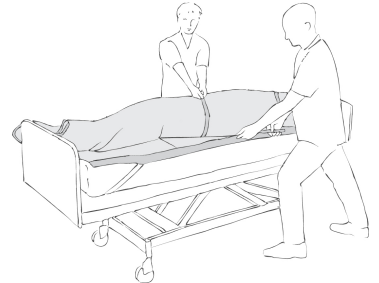


Illustration 5



Illustration 6



Illustration 7



Illustration 8



Illustration 9



Illustration 10



Illustration 11



Illustration 12

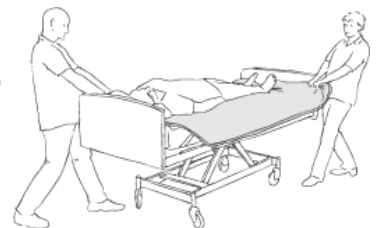


Illustration 13



Illustration 14



Illustration 15



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## General

Thank you for choosing an Etac product.

To avoid accidents and injury when moving and handling the products, read the manual carefully.

The person described as "the client" in this user manual is the person who is lying or sitting on the product. The carer or carers are the people who manoeuvre the product.



**This symbol appears alongside the text in the manual. It draws the reader's attention to points at which there may be a risk to the health and safety of the client or carer.**

The products comply with the standards applicable for Class 1 products in the European Council Directive MDD 93/42/EEC on medical devices.

Batch no:

x	x	x	x	x	x	x	x	x	x
Production year					Running number				

At Etac we strive to improve our products all the time and therefore we reserve the right to make changes to products without prior warning. All measurements given on illustrations and similar material are for guidance only and Etac cannot be held liable for errors and defects.

The information given in this manual, including recommendations, combinations and sizing, does not apply to special orders and modifications. If the customer makes adjustments, repairs or combinations not predetermined by Etac, the Etac CE certification and Etac warranty will be voided. If in doubt, please contact Etac.

Warranty: Two-year warranty on material and manufacturing defects, provided that the product is used correctly.

For further information on the Etac transfer range, see [www.etac.com](http://www.etac.com).

The product can be scrapped in accordance with national



Washing



Iron



Never leave on the floor



Max. weight



Handwash



Do not dryclean



Warning



The product can be scrapped in accordance with national regulations



Wipe off



Do not bleach



Read the User Manual



Manufacturer



Tumbledry



Risk of sliding down



Batch no./Lot no.



Class 1 - European Council Directive MDD 93/42/EEC on medical devices

## Intended use

The 4Way Glide LPL is a glide system which makes it easy for carers to move and position a client on a bed.

# Practical handling

## Positioning

Place the 4Way nylon sheet with locking system on the bed. The "this side up" label should be at the head end (Illustration 1). Lock the glide system so that the non-slip material is visible.

Fit the 4Way Glide LPL. If required, fit the corner straps around the mattress corners at the foot end (Illustration 2). Position the client in the bed.

The product can be positioned under the client if he/she is not permanently bedridden - use the same method as for changing sheets.

## Use

To unlock the glide system: One carer on each side grasps the functional handles attached to the glide mattress hanging at the foot end and pulls them slowly upwards towards the head end (Illustration 3). When the carers feel resistance, they must stop pulling. Then one carer grasps the functional handles on the opposite side of the glide system, and the other carer helps pull the locking system up past the hip area (Illustration 4). The carers then do the same on the opposite side. The glide system is now unlocked and the client can be moved in all directions by pulling on the functional handles at the shoulders and hips (Illustration 5).

When the carers have finished turning the client, the glide system must be relocked (Illustration 6).

If possible, bend the client's legs (Illustration 7).

The carers can then move the client into the side position using weight transference (Illustration 8).

### Alternative turning method

Attach the functional handles of the 4Way Glide LPL to the lift. The client can be turned into the side position by raising the lift. The carers can either push down on the glide mattress or pull on the handles, turning the client in the middle of the bed (Illustration 9).

### Positioning

If the client is to remain in the side position after bath/care, the client's back (or other parts of the body) can be supported using a positioning wedge or pillow (Illustration 10).

After moving the client, it will often be beneficial to smooth the glide system under the client. To do this, pull diagonally on the corners, preferably one layer at a time (Illustration 12).

### Sliding down

Unlock the glide mattress (Illustrations 3 and 4). The carer grasps the straps under the client at the shoulders (and hips, if necessary) and then slowly pulls the client upwards using weight transference (Illustration 11).

### Raising the bedhead

Lock the glide mattress by pulling the functional handles towards the foot end. This can be done by both carers at one time (Illustration 6). The bedhead can now be raised, without the client sliding down. If reduced freedom of movement in the upper body is required in the seated position, you can lock the glide system at both sides at the shoulders by fitting corner straps around the mattress.

### The "5 smiles" technique

To ensure the most comfortable position (seated or lying), it is imperative that the carers remove any tension on the skin occurring when the client's head or feet are raised. Loosen the shoulder blades (Illustration 13) one at a time. Loosen the legs (Illustration 14) one at a time. Finally, the carers ensure that the client's pillow is positioned correctly – remove the pillow, shake/plump and replace.

### Seated position

Once the carer has ensured that any tension on the skin is released, the carer can support the client in the seated position with positioning wedges or pillows (Illustration 15).

## Notice

### Special features

Always check the product before use and after washing.

Never use a defective product. If the product shows signs of wear-and-tear, it must be scrapped.

Read these instructions carefully.

It is important that carers receive instruction in manual handling. Etac offers advice and training for carers. For further information, contact Etac.

Always use the correct manual handling techniques

Remember to use the client's resources.

To ensure that the client feels safe and that every manual handling is smooth, always plan the manual handling in advance.

If in any doubt - please contact Etac.



There is a risk that the user may slide off. Never leave the user alone on the edge of the bed.



Never leave a 4Way Glide LPL or nylon sheet on the floor.



Never leave the user on the glide system unless the guard rail is up.



Always lock the glide system when you have completed the transfer.



Do not use the 4Way as a sling.



Always make a risk assessment, and secure that the 4Way system can be used at the individual client and in combination with other devices that it is safe for the client and caregivers.



To reduce sliding to the side if the head end is elevated fit the corner straps around the bed mattress.

## Materials

Top side: 65% polyester and 35% cotton (green) or 100% polyurethane (grey).  
Fill: 100% polyester (fibre). Backside: 100% polyester. Handles: polyester.

## Cleaning

The product should be checked regularly, preferably each time it is used, and especially after wash.

Check that there is no damage to seams or fabric.



**Never try to repair a product yourself.**  
**Never use a defective product.**

### Washing instructions:

Do not use fabric softener.

Can be wiped off with disinfectant (polyurethane surface).



## Articles

Article no.	Description	Size (cm)
IM140/200LPL	Glide mattress with non-slip locking system, cotton/polyester, green	W140 x L200
IM140/200LPLG	Glide mattress with non-slip locking system, polyurethane, grey	W140 x L200
IM180/200LPL	Glide mattress with non-slip locking system, green, Maxi	W180 x L210
IM4300	4wayGlide (3xLock) (Set: IM140/200 LPL + IM85/2003LPL)	
IM4309	4wayGlide (1xLock) (Set: IM140/200 LPL + IM85/200LPLNS)	

## Combinations

Article no.	Description	Size (cm)
IM53NS	Positioning wedge with non-slip cover	W30 x H20 x L53
IM53/80NS	Positioning wedge with non-slip cover	W30 x H20 x L80
IM140/200PU	Waterproof cotton sheet	W140 x L210
IM85/2003LPL	Nylon sheet with 3 x non-slip locking system	B85 x L200
IM85/200LPL	Nylon sheet with non-slip locking system	B85 x L200
IM85/200LPLNS	Nylon sheet with non-slip along edge + non-slip locking system	W85 x L200
IM110/200LPLNS	Nylon sheet with non-slip + non-slip locking system, Maxi	W110 x L200

# Service Information

## Pre-use check of Etac manual transfer aids

### First inspection:

- Is the packaging intact?
- Read the label on the packaging and check the article no. and product description
- Check that Short Instruction is enclosed – updated User Manual/Instruction for use can be downloaded from [www.etac.com](http://www.etac.com) or contact your Etac Customer Service or the local distributor.
- Check the label on the product - does it include article no., product description, lot/batch no., cleaning instructions and supplier name?

### Periodic Inspection:

- Make sure that your Manual transfer system always is in a perfect condition.
- After wash – always check materials, stitching, handles, buckles.
- If the product shows signs of wear and tear, it must be removed from service immediately.
- Lot no/Batch no:

x	x	x	x	x	x	x	x	x	x
Production year					Running number				



### Visual inspection/Check the product:

Ensure that the materials, seams, stitching, handles, buckles are intact/faultless.



### Mechanical load or stress/Test handles:

Draw hard in the handles in opposite directions and control the material, seams and stitching.

Test buckles:

Lock the buckle and draw in opposite directions, control the buckle and the stitching.



### Stability test:

Try to bend the product verify that it feels firm, stable and solid.




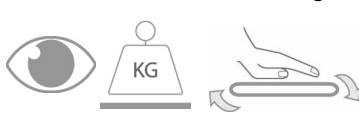



### Test low/high friction:

Place the product on a firm surface or a bed, place your hands on the material and test the friction by pushing your hands down into the product.

Low friction – slides effortlessly

High friction – no sliding/moving

### Check always:

<p>Manual transfer aids with handles, straps and buckles:</p> 	<p>Manual transfer aids for sitting and lying transfer:</p> 
<p>Manual transfer aids with high or low friction:</p> 	<p>The product can be scrapped in accordance with national regulations</p>  <p>Read the User Manual</p> 

If in doubt, please contact Etac Customer Service or local distributor for more information and guidance.

For more information about training and the use of these products, contact the Etac transfer experts – [www.etac.com](http://www.etac.com).



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